

SREE BALAJI COLLEGE OF PHYSIOTHERAPY

AFFILIATED TO BIHER (BHARATH) UNIVERSITY

(Declared Under Section 3 of UGC Act 1956)

Accredited with 'A' Grade by NAAC



ANNUAL REPORT

B.P.T COURSE

2021 – 2022

Sree Balaji College of Physiotherapy,

Velachery Main Road,

Chennai-600100

Phone: 044-224603631, 22462179.

E-mail: sbcp2007@gmail.com.

Website: www.sbcp.ac.in

INDEX

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VII	PATENTS
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IX	PUBLICATIONS

IQAC Committee Meeting



INDUCTION CEREMONY

Induction 11.02.2022

2021-2022, I Year B.P.T Induction Day with Participation by Management Representative, Principal, Faculty, Parents and Students

CONFERENCES ORGANISED

S.No	E-Conference	Date
1	EXRX on Covid QuestCon21 International e-Conference	July 24,25- 2021
2	National Institute of Disaster Management- MHRD	Sep 14 -2021

CONFERENCES PRESENTED

S.No	Speaker	E-Conference	Date
1	Dr. S.S. Subramanian	EXRX on Covid QuestCon21 International e- Conference	July 24,25- 2021
2	Dr. S.S. Subramanian	National Institute of Disaster Management- MHRD	Sep 14 -2021
3	Dr. S.S. Subramanian	Indian Association of Physiotherapist- Womens Day e- Conference	Sep 10-2021
4	Dr. S.S. Subramanian	International Spine and Spinal Cord Injury Conference	Nov 16, 2021

Zoom Meeting

Recording...

Participants (152)

Find a participant

Waiting Room (1) **Message**

Amita Padma Joining...

In the Meeting (152)

Ms. Duna Lakshmi (Host, me)

Chandramohan E... (Co-host)

DS Dr. S. Vinay

sssubramanian

REG NO: 059 - Bala Veera Ragh...

003 Dr. Nithin Ravindran Nair

004 FALUZI NISA F

005 P.K. JASRI

012 S. PRASANNA

152 K. Arunachalam Subramanian

Invite Mute All

Type here to search

19:35 25-07-2021

Zoom Meeting

Recording

Priya Ramasamy

Annie Thomas

Ms. Duna Lakshmi

Chandramohan E...

Rajkumar Sou...

115 Meenu...

Areas...

Behavioural neuroscience

Cognitive Neuroscience

Neurophysiology

Computational Neuroscience

Chat

biochemical parameter?

From Rajkumar Soundararajan to Everyone:

Madam, give your valuable guidance, what are the neurological field can do research especially for neuroresearch scholars.

From Badiath Prath to Everyone:

Could you give example on communication and engrams. Thanks.

From 071 Nelson Aruphang John to Everyone:

Thank you Dr Annie Thomas for the informative and insightful session. What kind of consideration we need to have on the intensity or duration of training in strengthening the neuronal connectivity?

From 128 Sheetal Swamy to Everyone:

Can you comment on thought process so as we physics also deal with different issues in daily

To: Everyone

Type message here...

Type here to search

34°C Mostly sunny 25-07-2021

Zoom Meeting

Recording

Priya Ramasamy

Dr. J. ASHWIN KIR...

194 JANANI D

Dr. S. Duna Lakshmi

Duna Lakshmi

UNIVERSITY ACCEPTED JOURNALS

Clarivate Analytics (Thompson Reuters)

Scopus

WOS (Web of science)

UGC

Peer reviewed

Chat

Definitely sir

From 128 Sheetal Swamy to Everyone:

which learning method is effective in slow learners?

Thank you sir

From Arunachalam Subramanian to Everyone:

web based learning is followed now due to covid pandemic. can this flipped Classroom be more beneficial for school learning now in this scenario sir

From Rajkumar Soundararajan to Everyone:

what are the reading resource can be refer for research based learning?

Thanks sir

From 128 Sheetal Swamy to Everyone:

Thank you so much

To: Everyone

Type message here...

Type here to search

35°C 24-07-2021



Sl. No.: /173971



NATIONAL INSTITUTE OF DISASTER MANAGEMENT

(Ministry of Home Affairs, Govt. of India)

New Delhi

CERTIFICATE

This is to certify that

Anitha P

has participated in the webinar on **"New Normal Life Style and Youth in Disaster Management"** on **14 Sep 2021** organized by **National Institute of Disaster Management, Ministry of Home Affairs, Govt. of India** in collaboration with **Bharat Institute of Higher Education and Research Chennai**

Dr. Sushma Guleria
Assistant Professor
NIDM

Dr. S.S. Subramanian
Dean
Sree Balaji College of Physiotherapy, Bharath Institute of Higher Education and Research

Maj Gen MK Bindal
Executive Director
NIDM



Sl. No.: /174548



NATIONAL INSTITUTE OF DISASTER MANAGEMENT

(Ministry of Home Affairs, Govt. of India)

New Delhi

CERTIFICATE

This is to certify that

Roshan Kentanick

has participated in the webinar on **"New Normal Life Style and Youth in Disaster Management"** on **14 Sep 2021** organized by **National Institute of Disaster Management, Ministry of Home Affairs, Govt. of India** in collaboration with **Bharat Institute of Higher Education and Research Chennai**

Dr. Sushma Guleria
Assistant Professor
NIDM

Dr. S.S. Subramanian
Dean
Sree Balaji College of Physiotherapy, Bharath Institute of Higher Education and Research

Maj Gen MK Bindal
Executive Director
NIDM



An Initiative by ExRxIndia



EXERCISE
Testing & Prescription
24 & 25 July
INDIA



தொட்டனைத் தூறும் மணற்கேணி மாந்தர்க்குக்
கற்றனைத் தூறும் அறிவு.

Water flows from a well in the sand in proportion to the depth to which it is dug,
and knowledge flows from a man in proportion to his learning.

CERTIFICATE OF PARTICIPATION

This is Presented to

20210000075

Mr. Balaji.R

for attending the two days International E-Conference themed on

“Research and Future of Physiotherapy”

held on 24 & 25 July 2021, Organised by Sree Balaji College of Physiotherapy-BIHER & Exercise Testing & Prescription (exrxindia.org)

Principal
Sree Balaji College of Physiotherapy
Dr. S. S. Subramanian
BIHER (Bharath University)
Chennai, INDIA

Patron & President
(ExRxIndia)
Dr. R. Chandramohan
MPT (Ortho), PGDMS (Sports), FRCPT.,
Sri Samraj Physiotherapy Centre, TN

www.sbcp.ac.in

<http://exrxindia.org>

DESIGN CREATION

FAR
FUTURE ACADEMY
CHENNAI



An Initiative by ExRxIndia



EXERCISE
Testing & Prescription
24 & 25 July
INDIA



தொட்டனைத் தூறும் மணற்கேணி மாந்தர்க்குக்
கற்றனைத் தூறும் அறிவு.

Water flows from a well in the sand in proportion to the depth to which it is dug,
and knowledge flows from a man in proportion to his learning.

CERTIFICATE OF PARTICIPATION

This is Presented to

20210000052

Mr. N. Roshan Kentanick

for attending the two days International E-Conference themed on

“Research and Future of Physiotherapy”

held on 24 & 25 July 2021, Organised by Sree Balaji College of Physiotherapy-BIHER & Exercise Testing & Prescription (exrxindia.org)

Principal
Sree Balaji College of Physiotherapy
Dr. S. S. Subramanian
BIHER (Bharath University)
Chennai, INDIA

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Dr. R. Chandramohan
MPT (Ortho), PGDMS (Sports), FRCPT.,
Sri Samraj Physiotherapy Centre, TN

www.sbcp.ac.in

<http://exrxindia.org>

DESIGN CREATION

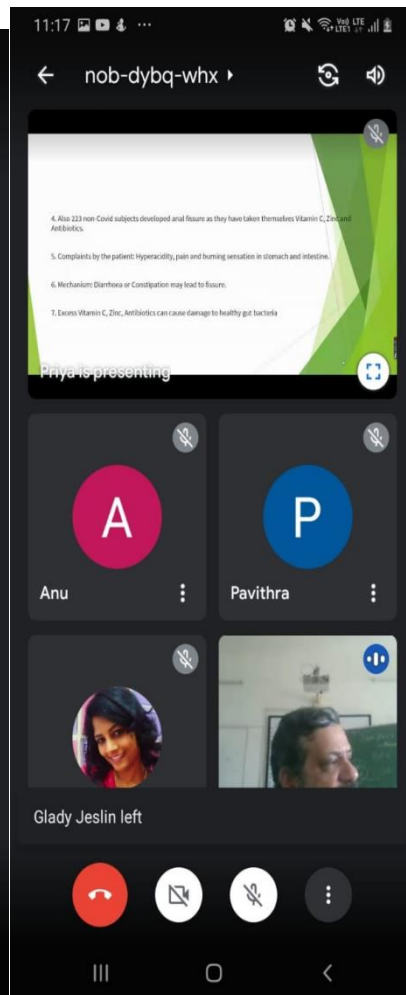
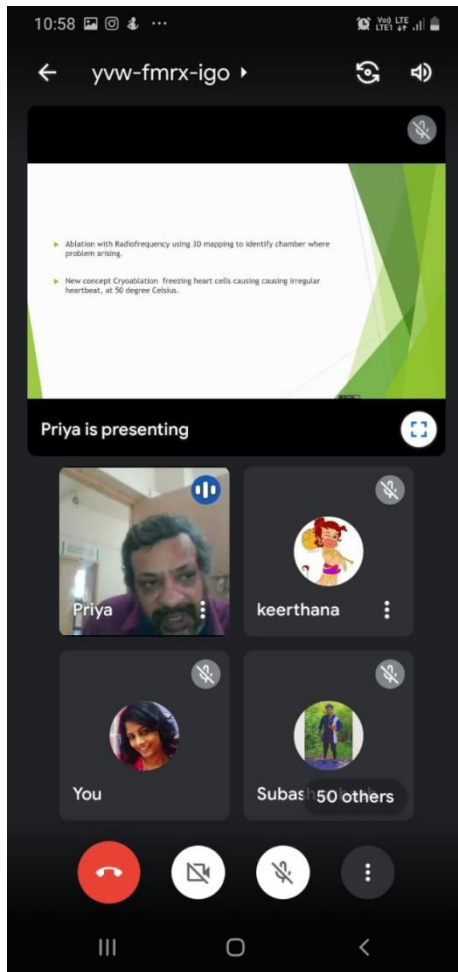
FAR
FUTURE ACADEMY
CHENNAI

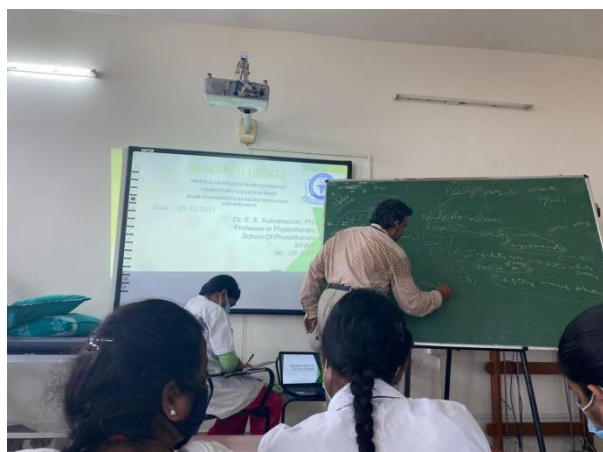
II. ACADEMIC ACTIVITIES

1	RESEARCH UPDATE
2	RESEARCH DAY
3	HEALTH DAY
4	JOURNAL CLUB
5	CLINICAL CASE PRESENTATION
6	GROUP DISCUSSION

RESEARCH UPDATE

S.No	Topics	Date
1	Research update on COVID 19	16/07/2021
2	Research update on multiple sclerosis	05/10/2021
3	Research update on stroke	16/07/2021
4	Research update on Cardiac arrhythmias	10/08/2021
5	Research update on artificial intelligence on language	10/08/2021
6	Olympic Biomechanics	10/08/2021
7	Research update on microvascular dysfunction	12/08/2021
8	Research update on transplantation	12/08/2021
9	Research update on Dialysis & Physiotherapy	12/08/2021





RESEARCH UPDATE
 SREE BALAJI COLLEGE OF PHYSIOTHERAPY
 CONSTITUENT COLLEGE OF BIHER
 BHARATH INSTITUTE OF HIGHER EDUCATION
 AND RESEARCH
 Date : 10.08.2021
 Dr. S. S. Subramanian, PHD
 Professor in Physiotherapy,
 School Of Physiotherapy
 BIHER
 No : 3, 4, 5 / 2021



RESEARCH DAY

UG I YEAR

S.No	Topics	Students Name	Date
1	Knee Joint	Abarna , Arockia Gracia	Oct 11, 12 - 2021
2	Leadership	Asha, Ashvitha	Oct 11, 12 - 2021
3	Motivation	Asiff Kamaldeen, Avinash	Oct 11, 12 - 2021

4	Intelligence	Clementine Hepsiba, Dharshika	Oct 11, 12 - 2021
5	Anemia	Dhana Lakshmi, Dhanush	Oct 11, 12 - 2021
6	Oestrogen	Dhanushyaa, Dharini	Oct 11, 12 - 2021
7	Vagus Nerve	Guru Prasath, Harish kumar	Oct 11, 12 - 2021
8	Family	Ilakkiya, Indhumathi	Oct 11, 12 - 2021
9	Insulin	Ishrath, Jaisharadhi	Oct 11, 12 - 2021
10	Social Security	Janani, Kamalini	Oct 11, 12 - 2021
11	Role of Exercise on respiratory system	Kanimozhi, Krishnaa	Oct 11, 12 - 2021
12	Social Evil	Madhumitha	Oct 11, 12 - 2021
13	Environmental Practice on Health and Disease	Mageshwari, Mamidi Vijay Veer	Oct 11, 12 - 2021
14	Culture	Monisha, Nisha	Oct 11, 12 - 2021
15	Posterior Triangle of Neck	Nivetha, Pooja Priyadharshini	Oct 11, 12 - 2021
16	Equilibrium	Poojashree, Pravin Kumar. E	Oct 11, 12 - 2021
17	Fuse	Yuva Lakshmi, Sneha . R	Oct 11, 12 - 2021
18	Friction	Sahaana. R,	Oct 11, 12 -

		Samantha	2021
19	Mesenteric Artery	Sanjana, Saranya. M	Oct 11, 12 - 2021
20	Femoral Nerve	Saranya. V Sathish. K	Oct 11, 12 - 2021
21	Functions of Gastro Intestine	Sharmila. S Shwetha. D	Oct 11, 12 - 2021
22	Basal Ganglia	Sneha. V Suhaima Thasleem	Oct 11, 12 - 2021
23	Habits	Umaira Thasleem Uvatharshini	Oct 11, 12 - 2021
24	Serratus Anterior	Vishnu Priya, Yamini	Oct 11, 12 - 2021
25	Vital Signs	Yogesh, Yogeshwaran	Oct 11, 12 - 2021





UG II YEAR

S.No	Topics	Students Name	Date
1	Open Kinematic Chain vs Closed Kinematic Chain.	1.S.Swetha 2.T.Pradhiba	21/10/2021
2	Keagle's Exercises	1.Anu Anil 2.M.Hanisha	21/10/2021
3	Burger's Exercise	1.P.Vasanth 2.V.Poornima	21/10/2021
4	Isometric Exercises	1.Gokulakrishnan.S 2.Aishwaya V Nair	21/10/2021
5	Eccentric Therapy	1.Anjum.A.K	21/10/2021
6	APGAR Score	1.E.Dinesh 2.Jovin Lara.A	22/10/2021
7	Spinal Reflexes	1.N.Neha Patanik	22/10/2021

		2.B.Gayathri	
8	Occupational Lung Diseases	1.Lavanya.N 2.Divya.D	22/10/2021
9	Anti-Tuberculosis Drugs and Its Side effects	1.M.Shivashankaran 2.K.Keerthana	22/10/2021
10	Key Hole surgery Of Abdomen	1.E.Kaviya 2.S.Dinesh	22/10/2021



UG III Year

S.No	Topics	Students Name	Date
1	Russian Currents	Sanjana Venkataraman	2/11/2021
2	Weaning from Ventilator	Anitha.P	2/11/2021
3	Biofeedback	Saranya,V	2/11/2021



UG IV YEAR

S.No	Topics	Students Name	Date
1	Back School	Afroze Jamira, Almas	26/10/21

2	Physiotherapy for Tendon Transfer	Abrose Banu	26/10/21
3	Sports Rehab	Ashwini	26/10/21

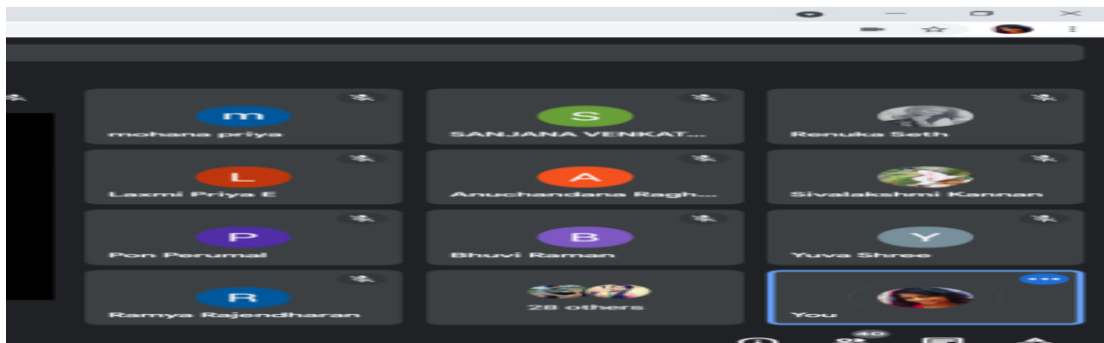
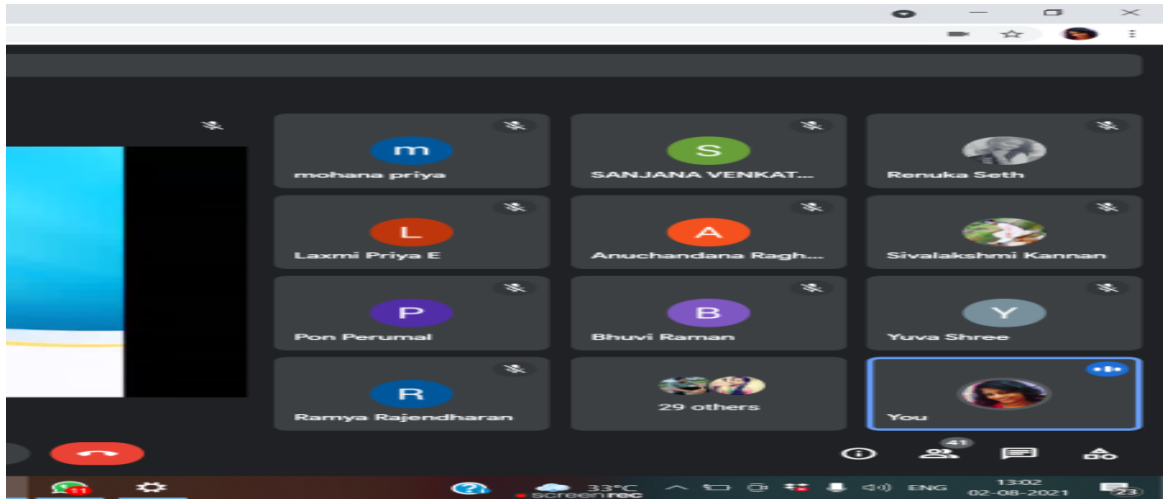


HEALTH DAY

S.No	Topics	Students Name	Date
1	Arthritis Day	I yr: BadmaPriya,	02/08/21

		Beula II Yr: Bala Veera ragavan, Benazeer III Yr: Archana, Balaji IV yr: Lakshmi Priya. A, Larihun Byrsat	
2	Epilepsy Day	I yr: Hepsiba, Darshika II Yr: Dinesh. E, Dinesh.S III Yr: Deepiha, Denny IV yr: Mahima, Meegha	04/08/21
3	Diabetes Mellitus Day	I yr: Bavya, Booshan II Yr:Geethika Dharshini III Yr: Bhuvaneshwari, Deekshana IV yr:Laxmi Priya. E, Lohisha	04/08/21
4	Alzheimer's Day	I yr: Asha, Ashvitha II Yr:Anjum, Anu Anil III Yr:Abirami, Anitha IV yr:Keerthana.R, Keerthana. S	03/08/21
5	Cerebral Palsy Day	I yr: Asif, Avinash II Yr:Anusuya,	05/08/21

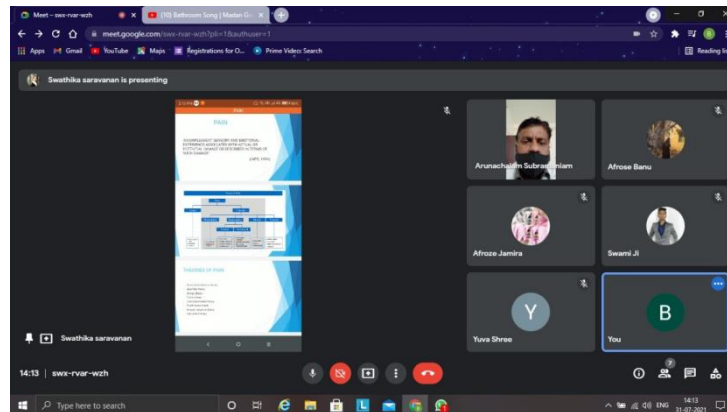
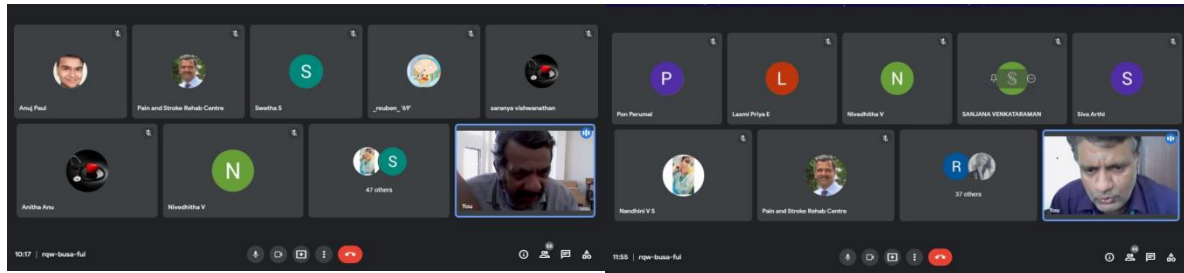
		Arsha III Yr: Anuchandhana, Anju IV yr: Keerthivanan.s, Komathi	
6	Hypertension Day	I yr: Dhana Lakshmi, Dhanush II Yr:Divya. P, Diya III Yr: Gokulakannan, Iniya IV yr: Mohammed Asfar, Nandhini	05/08/21
7	Cancer Day	I yr: Deepa, Deepan II Yr:Divya. B, Divya ' III Yr: Fathima, K, Goku IV yr:Megha, Meiyalagan	06/08/21
8	Stroke Day	I yr: Abarna, Gracia II Yr: Aishwarya, Anandraj III Yr: Aathira, Azeez IV yr:Karunya, Keerthana	02/08/21



JOURNAL CLUB

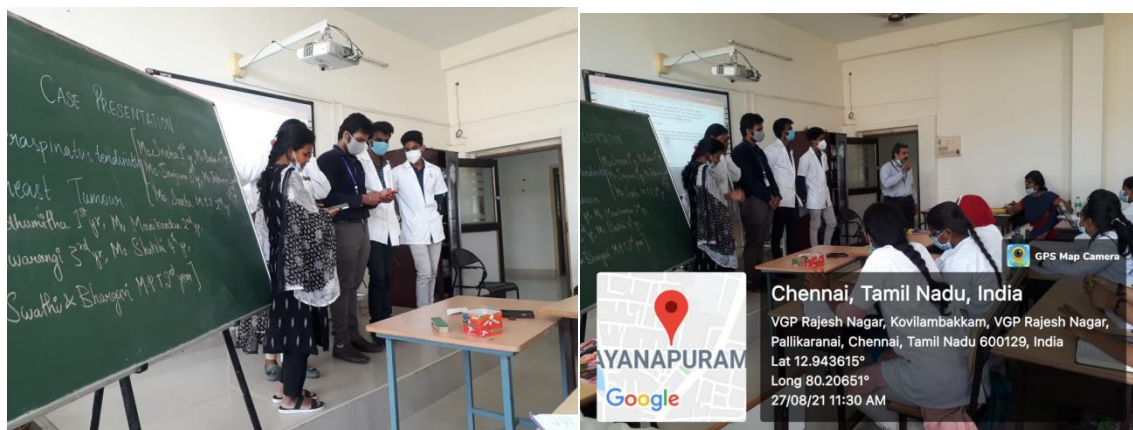
S.No	Topics	Students Name	Date
1	Recent trends in Chronic Pain	Journal Presentation topic - CHRONIC PAIN BPT 1st yr : 1.Yuvalakshmi 2.Yogeshwaran BPT 2nd yr :	03.08.21

		3.Gladis Jeslin 4.Swathika BPT 3rd yr 5.Rasika.R 6.Yuvashree.S. BPT 4th yr : 7.Abrose Banu 8.Achudhan MPT 1st yr (2021 batch): 9.PG Reuben MPT 2nd Yr (2020 batch) : PG Akila	
2	Balance Dysfunction and its Advanced P.T Interventions	BPT 1st yr : 1.Yogesh.M. 2.Yamini.R. BPT 2nd yr : 3.S.Vigneshwaran 4. P.Vasanth BPT 3rd yr : 5.G.Yuvashree 6.K.Vidhya BPT 4th yr : 7.Afroze Jamira.S 8.Almas.B MPT 1st Yr : 9.PG Alwin MPT 2nd yr : PG Bhargavy	07.08.21



CLINICAL CASE PRESENTATION

S.No	Topics	Students Name	Date
1	Supraspinatus Tendinitis	Bala Veera Raghavan Santhosh Josua	27/8/2021
2	Breast cancer	R.Manikandan Shakshi	27/8/2021
3	Chronic Hemiplegia	M.Shivashankaran Keerthivanan	31/8/2021
4	SIS	Nivethitha	27/8/21
5	Covid 19	Nivetha	31/8/21



GROUP DISCUSSION

S.No	Topics	Date
1.	Ultrasound	8/10/21

III.BOOKS

1. Chapter in Book – With ISBN
2. Books 2 in Total (1 Published, 1 in Process)
3. Books 2 in Preparation

IV. GUEST LECTURES

S. No	Name	Affiliation	Topic	Date
1	Dr. Venkatesh	ChairPerson, Faculty of Physiotherapy, SRIHER	Physical Diagnosis	21.10.21
2	Prof.Chandramohan	EXRX INDIA	I don't know	20.09.21
3	Ms.Manomani,BPT Balajialumini		Scope of health care professionals in Canada	04.01.2022
4	Mr Suresh franklin	CEO-SYNERGY	Get motivated –to excel as physio	28.01.2022
5	Dr Dharanini Krishnan ,PhD	Former President ,indian diabetic association	Eat right and stay healthy	14.03.2022
6	Mr.M. Sugan ,MPT[neuro]	BALAJI alumini	Awareness on first responders training	16.03.2022
7	Dr .Arunachalamramchandran	Sai academy	Breaking myths and convention in physiotherapy	20.04.2022
8	Mr.Rameshbabu BPT MD ,	SREE venkateshwara physiotherapy	Clinical practise in physiotherapy	04.05.2022
9	Mr Ravi rangadhan	Director ,pain and stroke rehabilitation centre	Wealth management for physiotherapist	13.05.2022
10	Ms.Joysleen,UK	Radiographer	How to process for lincense in U.K	08.06.2022
11	Dr. Sultan ahmedismail PhD ,DSC	Member State planning commission	Career guidance in government services	14.06.2022
12	Dr.Sivasubramanian MD	Chief medical officer ,SGS	Dattakriya yoga	29.07.2022
13	Mr Siddharathkannan ,III MBBS ,UK	-	Road to research	12.08.2022



V. FIELD VISITS/ CLINICAL TRAINING

1	Sree Balaji Medical College and Hospitals
2	PhysioCare
3	Pain and Stroke Rehab Center
4	Technomed Solutions
5	Indian Red Cross Society
6	The Child Trust Hospital
7	MGM Hospitals





Technomed Electronics

Leading Manufacturer of Electrotherapy Equipments Since 1981

Plot No 41, Functional Industrial Estate, Perungudi, Chennai - 600 096.

Ph : 044 - 42020060 / 044 - 43593498

Email : sales@technomedelectronics.com Website : www.technomedelectronics.com

INDUSTRIAL TRAINING CERTIFICATE

This is to certify that **Mr/Ms** AATHIRAK has participated in the Industrial Visit/Workshop conducted by us on 27/10/2021. He/She has witnessed the process of manufacturing, testing and calibration of electrotherapy equipments.



S.V
S. Viswanathan
CEO



Technomed Electronics

Leading Manufacturer of Electrotherapy Equipments Since 1981

Plot No 41, Functional Industrial Estate, Perungudi, Chennai - 600 096.

Ph : 044 - 42020060 / 044 - 43593498

Email : sales@technomedelectronics.com Website : www.technomedelectronics.com

INDUSTRIAL TRAINING CERTIFICATE

This is to certify that Mr/Ms ABDUL AZEEZ . S M has participated in the Industrial Visit/Workshop conducted by us on 27/10/21. He/She has witnessed the process of manufacturing, testing and calibration of electrotherapy equipments.



S.V
S. Viswanathan
CEO



SREE BALAJI MEDICAL COLLEGE & HOSPITAL

A constituent college of

BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Declared as Deemed to be University under section 3 of UGC Act, 1956)

(Vide Notification No.F.9-5/2000-U.3,Ministry of Humand Resource Development, Govt. of India, dated 4th July. 2002)

Phone: 044-42911000, Telefax:044-22415051
Website: www.sbmch.ac.in



7, Works Road, Chromepet,
Chennai 600 044,Tamil Nadu

R.No.1724/SBMCH/2021

02.09.2021

The Principal,
Sree Balaji College of Physiotherapy & Rehabilitation Centre
Velachery Main Road,
Narayanapuram, Pallikaranai,
Chennai - 600 100.

Sir,

Sub: Permission for Clinical posting to III B.P.T Students - Granted
Ref: Your Lr.dt. 23.08.21.

Permission is hereby accorded to the III Year B.P.T students (Name list enclosed) of Sree Balaji College of Physiotherapy & Rehabilitation Centre to attend clinical postings in the departments of **Orthopaedics Neurology, Cardiology** at Sree Balaji Medical College & Hospital, Chromepet, Chennai-44 from 06.09.2021 to 06.10.2021. (10 days each department).

The attendance is compulsory for the students.

The HOD of Ortho, in consultation with the HOD of concerned departments will make necessary arrangements for giving lectures and clinical training to the said students. (Enclosed syllabus copy).

The Assistant professor of Physical Medicine will co-ordinate the training programme under the guidance of HOD (Ortho).

The students concerned may be instructed to report before the HOD (Ortho) on the due date and get further instructions.

Yours faithfully,

For Sree Balaji Medical College & Hospital


DEAN
Copy to

- The Advisor
- The Vice Principal
- The Medical Superintendent /Dy. Medical Superintendent
- HOD (Ortho) / Neurology / Cardiology
- Asst. Professor of Physical Medicine
- Dean's file

BPT III Year Clinical Postings

	Batch A	Batch B	Batch C
6.9.21 to 16.9.21	Orthopedics	Neurology	Cardiology
17.9.21 to 27.9.21	Cardiology	Orthopedics	Neurology
28.9.21 to 6.10.21	Neurology	Cardiology	Orthopedics



Tel : 044-22462179
22461883
Fax : 044-22460631

**SREE BALAJI COLLEGE OF PHYSIOTHERAPY
& REHABILITATION CENTRE**

(Approved by Govt. of Tamil Nadu and Affiliated to Bharath University)

Dr. S.S. SUBRAMANIAN M.P.T (Orthopaedics), M.S (Edu Manage) M.Phil (Edu Manage) Ph.D (Physiotherapy)
THE PRINCIPAL

31.12.2020

To
Dr. Bala Subramanian.,
The Medical Director,
Kanchi Kamakoti Childs Trust Hospital,
12 A, Nageshwara Road, Nungambakkam,
Chennai - 600034
Sir,

With reference to your e- mail dated on 26.12.2020

(Sub: 10 - IV Year B.P.T Students - Two Batches - From 04.01.2021 to 09.01.2021-
Dept of Paediatrics, Burns and Plastic Surgery - Reg)

Kindly consider for 10 - IV Year B.P.T students - Two Batches From 04.01.2021 to
09.01.2021 Dept of Paediatrics, Burns and Plastic Surgery. Students shall remit
observership fees as stated by you.

I Batch 08.00 A.M - 12.00 P.M

II Batch 12.00 P.M - 04.00 P.M

Enclosures:

Name list of Students



Thanking You

S. Subramanian
PRINCIPAL 31/12/2020
SREE BALAJI COLLEGE OF PHYSIOTHERAPY
Velachery Main Road, Narayanapuram
Pallikaranai, Chennai - 600 100

VELACHERY MAIN ROAD, NARAYANAPURAM, PALLIKARANAI, CHENNAI - 600 100.
Email ID: sbcp2007@gmail.com Website : www.sbcpc.ac.in

SREE BALAJI COLLEGE OF PHYSIOTHERAPY

CONSTITUENT COLLEGE OF BIHER

Accredited 'A' Grade by NAAC

(Declared as Deemed -to -be University under section 3 of UGC Act, 1956)



IV YEAR B.P.T

I Batch 08.00 A.M - 12.00 P.M

S.NO	Name of The Student	Reg.No
1	Jayashree R	U17PT014
2	Jayasree D	U17PT015
3	Kanmani S	U17PT021
4	Laxmipriya E	U17PT030
5	Uthiravathy R	U17PT059

II Batch 12.00 P.M - 04.00 P.M

S.NO	Name of The Student	Reg No
1	Ganga S	U17PT009
2	Hemalatha G	U17PT011
3	Komathi G	U17PT027
4	Subhashini V	U17PT054
5	Yamuna Devi S	U17PT060



VI. PRIZES WON

AWARD OF EXCELLENCE

Dr. S.S. Subramanian, Ph. D,

International Journal of Pharma and BioSciences,

Certificate of Excellence in Reviewing

Year : 2020-2021



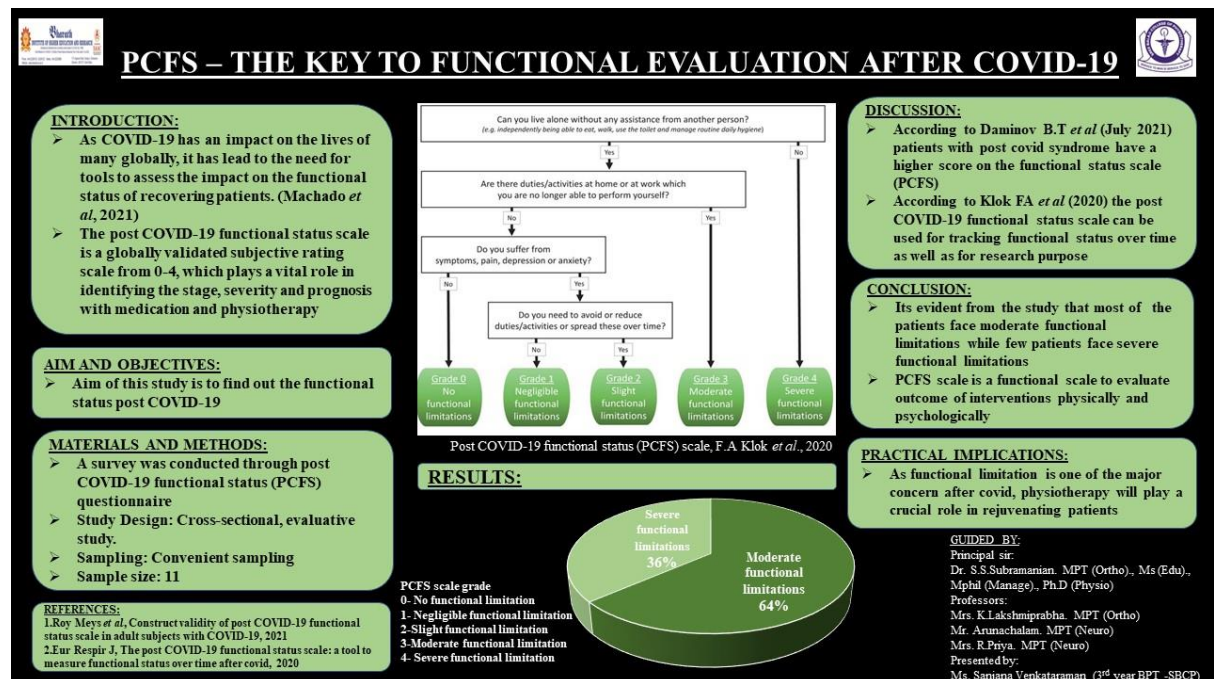
Poster Presentation

First Prize

Ms. Sanjana Venkataraman, III Year, BPT

All India Competition by IAP

Date : 10-09-2021



SPORTS

SILVER MEDAL

G. R. Sadhana

5th ICSE Open National Sports Games

28th to 30th Sep 2021









5th ICSE OPEN NATIONAL SPORTS GAMES

28 to 30 Sep. 2021 Vanue Mathura U.P.

Org. by Mathura Council for Sports & Education & Uttar Pradesh Council for Sports & Education
 Rec. by Uttar Pradesh Olympic Association / Indian Council for Sports & Education

Regd. By 1882ACT 40/17 IT act Govt. of India & GST 09AABT115071L1ZC, Ministry of MSME UAN-NO-UP27D0004715, NITI AYO-NGO DARPAN-UP/2018/0188759
 Ministry of Labour & Employment NCS - s14g69-2145234969493, ICSE Member of Hindustan Scouts & Guides Federation, Sports Allince India
 International Sports Network Org.(switzerland) & International Health & Fitness Association , World Amature Sports Council

DIPLOMA / MERIT

Cert. No.5/ONSG/ MTR.....

This is Certify that Mr./ Mrs. G. R. SADHANA

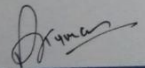
S/o/D/o/W/o..... G. RAGHUMURTHI..... DOB 05.05.2001 has

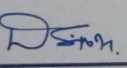
Represented..... ATHLETICS..... and participated as a

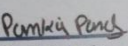
✓ Player/Manager/Coach/Referee/ Technical Official in the 5th ICSE Open National Sports Games 2021 for

Event..... 200 MTS..... Age..... 20..... (Boys / Girls) Held at Amarnath Sports Ground,

Mathura (U.P.) Date 28 to 30 Sept. 2021 His/her secured Position Gold/Silver/Bronze Medalist


 A.K. Chittoriya
 President
 Icse India


 Adv. Dharmendra Singh
 General Secretary
 Icse India


 Pankaj Pandey
 General Secretary
 Upese

Office & Verification Address :
 C/O, Amarna Nagar,
 Mushigra, Jaipur (Raj.)-39
 Email: icseindia2017@gmail.com / www.icseindian.in

GOLD MEDAL

H. R. Sadhana

SAFAS OPEN- SOUTH ASIAN GAMES 2021

30, 31 Oct 2021



VII. PATENTS-2

PATENCY APPLIED

1. Reduction of Blood Glucose with Yoga & Core Strengthening Exercises
2. Inversion Therapy Using Yoga and Physioball

VIII. PROJECTS-2

1. Falls Prevention And Care

2. Obesity

IX. PUBLICATIONS-8

Total Publications past academic year- 8

S.	Title	Journal	Date	Volume & Page	ISSN No	Impact Factor
1	Acute Hemiparesis - Geriatric Physiotherapy - When and What to treat?	International Journal of Medical Science and Current Research (IJMSCR)	February 2021	Vol:4, Issue-1 , Page: 587-591	ISSN 2209-2870	Impact Factor 5.565
2	Osteoarthritis Hip - Conservative Physiotherapy?	European Journal of Biomedical and Pharmaceutical Sciences		Vol: Issue -, Page:	ISSN 2349-8870 ICV - 77.3	Impact Factor 6.044

3	Kinetic Chain Based Exercises In Hamstring Tightness	World Journal of Pharmaceutical Research	February 2021	Vol:-10, Issue -3, Page: 1170- 1175	ISSN 2277- 7105	Impact Factor 8.084 & ICV 90.8
4	Renal Calculi and LBA	International Journal of Science and Research (IJSR)	March 2021	Vol:10, Issue: 3, page: 570- 572	ISSN (Online) : 2319- 7064	Impact Factor : 7.296
5	Classroom Learning Versus E-Learning- Cross Sectional Analysis Among Physiotherapy Students	Journal of Medical Science and Clinical Research (JMSCR)	March 2021	Vol:9, Issue:3 Page: 56-61	ISSN (e) - 2347- 176x ISSN (p) 2455- 0450	Impact Factor 6.379
6	Analgesic effect with Low level Laser Therapy among Soft Tissue Lesion - An Analytical Study with evidence	European Journal Of Biomedical And Pharmaceutical Sciences	November , 2021	Vol:8, Issue:11 Page: 81-84	ISSN (e) - 2349- 8870	Impact Factor 6.044

S.No	Value Added Courses	Number of Student Enrolled	Event Date
01	Differential Diagnosis In Physical Therapy	18	03/01/2022
02	First Aid	22	04/01/2022
03	Active Strteching In Physiotherapy	21	04/01/2022
04	Aquatic Therapy	21	04/01/2022
05	Ethics In Physiotherapy	17	10/01/2022
06	Effect Of AQUATIC THERAPY	21	10/01/2022
07	Anti Natal And Post Natal Women's Health	20	27/01/2022
08	Recruiting Muscle In Action	11	27/01/2022
09	Advance Life Support	20	04/02/2022
10	Muscle Recruitment According To Muscle Power Grade	15	11/02/2022
11	Balance Exercise	13	17/02/2022
12	Research Methodology	21	28/02/2022
13	Pain Releif Technique Apart From Electrotherapy	18	28/02/2022
14	Trigger Point Therapy	14	01/03/2022
15	Automated External Defibrillator	23	01/03/2022
16	Postural Assessment	16	18/03/2022

VAC - (2021 - 2022)
